

Innovative Ways to Reduce Psychotropic Medications for Residents with Dementia



Seminar Purpose

The federal regulations have required person-centered care, which does not rely on psychotropic drugs for treating dementia for over twenty years. However, until recently, the overuse of anti-psychotropic medication in nursing homes has gone unabated.

In spring 2014, the Centers for Medicare and Medicaid Services (CMS) issued new guidance for F329 (Unnecessary Drugs) and F309 (Quality of Care). The updated guidance includes several enhancements to the F309 standards to ensure that person-centered care (and not a psychotropic drug) is the frontline treatment for dementia. F329 has also been updated to discourage misuse of antipsychotics for nursing home residents.

CMS has joined various stakeholders to improve dementia care in nursing homes. The new CMS guidance emphasizes the use of non-pharmacological interventions to address behaviors exhibited by residents diagnosed with dementia.

The presenters will share innovative ways to meet the quality care needs of residents with dementia, while reducing and/or eliminating the use of antipsychotic medications in this population. Upon completion of this seminar, participants will be able to:

1. Understand the way psychotropic medications work, the different classes of psychotropic medications, and their side effects;
2. Discuss the importance of doing a comprehensive assessment for residents, especially those with dementia;
3. Discuss how residents with dementia use "behaviors" as a form of communication and how to interpret the meanings of these "behaviors."
4. Demonstrate at least five behavior management techniques, which the interdisciplinary team can use to provide quality care for residents with dementia.

Speakers

Michelle Stuercke, DNP, MSN, MPA, RN, LNHA, is the Chief Learning Officer for Symphony Post-Acute Network. Dr. Stuercke is responsible for developing education and training programs for facility staff and works closely with schools to provide clinical sites within Symphony Post-Acute Network, as well as providing lifelong learning opportunities for its employees.

Seminar Locations

Thursday, May 28, 2015

8:30 AM to 11:30 AM, Check-in at 8:00 AM
Skokie Holiday Inn
5300 West Touhy Avenue, Skokie 60007

Thursday, May 28, 2015

1:30 PM to 4:30 PM, Check-in at 1:00 PM
Oak Lawn Hilton
9333 South Cicero Avenue, Oak Lawn 60453

Seminar Times

8:00/1:00	Registration
8:30/1:30	Explore how psychotropic medications work
8:45/1:45	Review the five different classes of psychotropic medications and the side effects of each
9:30/2:30	Break
9:45/2:45	Clarification of terms
10:15/3:15	How to assess a person with dementia
10:45/3:45	Behavior management techniques for the interdisciplinary team
11:30/4:30	Evaluations and Adjourn

Continuing Education Credits

This seminar is designated for nurses, **special care unit coordinators, activity professionals**, and social workers who care for and/or interact with residents diagnosed with dementia on a daily basis. This seminar is also relevant for administrators and owners.

The Illinois Department of Professional Regulation has approved these presentations for **THREE (3.0)** hours of Continuing Education credit for Licensed Administrators, Nurses, and Social Workers. All other attendees may use their Illinois Council Annual Attendance Report as proof of participation.

Kaylynn Wabich-Jindra, MA, ACC, CAC, DCS/C, LNHA, is a gerontologist, specializing in dementia care. Ms. Wabich-Jindra consults to facilities across Illinois and has helped many clients certify their dementia special care units through the Illinois Department of Public Health (IDPH). She is a nationally known speaker on such topics as delivering quality resident-centered dementia care and developing a comprehensive assessment tool for clients with dementia.

**Illinois Council on Long Term Care
The 2015 Seminar Series for Nursing Home Professionals**

Innovative Ways to Reduce Psychotropic Medications for Residents with Dementia



**Thursday, May 28, 2015 at the Skokie Holiday Inn, 8:30 AM to 11:30 AM
Thursday, May 28, 2015 at the Oak Lawn Hilton, 1:30 PM to 4:30 PM**

Facility _____

Address _____ Telephone _____

City _____ Zip _____ E-mail _____

PLEASE PRINT OR TYPE

Name and Email Address	Council/IHCA Member	Non-Member	Admin/Nurse/SW License #	Skokie	Oak Lawn

Seminar Fees: Non-Members: \$165 Council/IHCA Members: \$105

THE CLOSING DATE FOR REGISTRATION is **Thursday, May 21, 2015**. Registrations and **payments** received after the closing date will be \$245 for non-members and \$165 for members. Cancellations will be accepted, and refunds issued, **ONLY** when the Council receives a phone call or fax by 9:00 a.m. the **DAY BEFORE the seminar**.

<p align="center">REGISTRATIONS WILL NOT BE PROCESSED WITHOUT PAYMENT</p> <p>Photocopy the completed Registration form for your records and then mail or fax the <u>original</u> Registration form, with check or credit card information (VISA, Master Card, or Discover ONLY) to: Illinois Council on Long Term Care – Suite 400 3500 West Peterson Avenue, Chicago, Illinois 60659 Phone: 773/478-6613 Fax: 773/478-0843</p>	<p align="center">Office Use Only: 1505 A B</p> <p>Amount Due: _____ Date Recd: _____ Amount Recd: _____ Check #: _____ Credit Recd: _____ Comments: _____</p>
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For Credit Card Orders: Card #: _____
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